

Forgotten Roads Permanent

| Mile | For | Instruction |
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| 0.0 | 1.2 | Start at Albertson's Shopping Center at corner of Alpine Blvd and South Grade Rd. 2963 Alpine Blvd. Obtain proof of passage from local business such as Starbucks. TURN RIGHT (EAST) on Alpine Blvd. out of shopping center |
| 1.2 | 0.2 | Left across Freeway onto East Willows Rd. |
| 1.4 | 0.8 | Bear Right to continue on East Willows Rd. |
| 2.2 | 2.1 | Bear Left onto Viejas Grade Rd. Enter Viejas Indian Reservation |
| 4.3 | 0.5 | Left to continue on Viejas Grade Rd. |
| 4.8 | 6.4 | Road turns to hard packed gravel. |
| 11.2 | 0.0 | Left onto Oak Grove Dr. into Perkins Store |
| 11.2 | 1.6 | CONTROL 1. Perkins Store. Open: +00:36-01:12 Make sure you top off your water bottles before heading into the wilderness! Right on Oak Grove out of the control |
| 12.8 | 5.1 | Right onto Boulder Creek Rd. |
| 17.9 | 12.8 | Road turns to hard packed gravel. |
| 30.7 | 3.3 | Manned Fire Station on Left. Pavement returns continue straight. |
| 34.0 | 1.4 | Bear Right onto Eagle Peak Rd |
| 35.4 | 1.6 | Bear Left/Straight onto Pine Hills Rd |
| 37.0 | 1.0 | Right onto SR78 towards Julian |
| 38.0 | 0.0 | CONTROL 2. Julian Market Open +02:02-04:04 |
| 38.0 | 0.3 | Left turn out of control and continue on SR78 through town |
| 38.3 | 9.3 | Right onto SR79 |
| 47.6 | 10.8 | CONTROL 3. Lake Cuyamaca Store Open: +02:34-05:08 |
| 58.4 | 0.2 | Services on Right. Store with Porta Facilities behind building |
| 58.6 | 1.9 | Right to continue on SR79 |
| 60.5 | 1.0 | Right onto Wildwood Glen Ln across bridge |
| 61.5 | 1.3 | Go through Gate. Road is open to cyclists, hikers and equestrians. Road eventually deteriorates and turns to gravel. Continue to end of road |
| 62.8 | 1.4 | At end of road, dismount and walk down embankment to West Bound Shoulder of Interstate 8 (this section is legal for cyclists). (Walk is less than 20 Yards). Continue on I-8 Westbound shoulder to next offramp |
| 64.2 | 3.3 | Exit East Willows offramp, turn Right off of ramp onto East Willows |
| 67.5 | 1.3 | Bear Left across freeway and turn Right onto Alpine Blvd |
| 68.8 | | Finish. Albertson's Shopping center at corner of Alpine Blvd and South Grade Rd. 2963 Alpine Blvd. Obtain proof of passage from local business such as Starbucks. Open: +03:40-07:20 |