

Mile	For	Instruction
0.0	0.0	<b>Depart: Amtrak Station at 26701 Verdugo St, San Juan Capistrano, CA. Get receipt at Starbucks at 32341-G Camino Capistrano.</b>
0.0	2.4	Turn RIGHT on Camino Capistrano, heading south.
2.4	0.7	Bear right on Doheny Park Road.
3.1	7.1	Doheny Park Rd becomes Coast Hwy, then El Camino Real.
10.2	0.2	Turn RIGHT (South) onto Cristianitos Rd
10.4	1.1	Cross I-5, turn LEFT onto Bike Path to San Onofre State Park / Campground
11.5	9.2	Turn RIGHT (South) onto Old Pacific Hwy
20.7	0.8	Turn LEFT (North) onto Las Pulgas Rd, Enter Camp Pendelton, and bear RIGHT to Continue on Las Pulgas. (Or go back on Los Pulgas to I-5 and head South to Harbor Dr.
21.5	1.1	Bear Right on El Camino Real
22.6	5.8	Turn RIGHT onto Stuart Mesa Road.
28.4	1.7	Turn Right (South) on Vandergrift / Harbor Dr.
30.1	13.1	Turn LEFT (East) onto CR-S21 [N Coast Hwy]
43.2	7.3	<b>Control #1: Get receipt at Nytro Multisport, 940 S Coast Highway 101, Encinitas, CA (760) 632-0006. Continue south on Coast Highway.</b>
50.5	3.7	After Del Mar, road changes to North Torrey Pines Road
54.2	1.6	Turn Right to stay on North Torrey Pines Road. Do not continue on Genesee Avenue!
55.8	0.2	Road name changes to La Jolla Village Drive.
56.0	0.1	Bear RIGHT to take Gilman Street Exit.
56.1	1.6	Turn Right on Gilman Street
57.7	1.1	Immediately after passing under I-5, enter the Rose Canyon Bike Path on far side of intersection.
58.8	2.0	Rose Canyon Bike Path becomes Santa Fe Street.
60.8	0.2	Turn RIGHT on Damon Street
61.0	0.8	Turn LEFT On Mission Bay Drive
61.8	0.1	Take E Mission Bay Dr. Exit. Do not get onto I-5
61.9	2.3	Turn Left (South) on E Mission Bay Drive
64.2	1.0	Road Name change to Pacific Coast Highway, after crossing Sea World Drive.
65.2	0.1	Turn LEFT on Taylor Street
65.3	1.1	Turn RIGHT on Congress Street, merges into San Diego Avenue.
66.4	0.2	Turn RIGHT on Noell Street
66.6	0.3	Turn LEFT on Pacific Coast Highway frontage road.
66.9	0.1	Turn RIGHT on Washington Street, go under overpass, toward airport.
67.0	1.9	Turn LEFT onto Pacific Coast Highway
68.9	0.1	Turn LEFT on West Broadway
69.0	0.1	Turn LEFT on Kettner Blvd. Immediately after you turn onto Kettner, look off to your right. On the other side of the trolley tracks is a store called Smoothie King. It's open weekdays and 10-5 on Saturdays. Get a receipt there.
69.1		<b>Finish at Amtrak Station, 1050 Kettner Blvd., San Diego, CA 92101, 619-239-4664. Get Receipt at Smoothie King (see above).</b>